

Choir Dress Code

When you dress for Mass, you are not dressing to impress others, you are dressing for God.

There are a few reasons one should dress modestly and decently for Mass. It shows respect and reverence for God, the Holy Sacrifice of the Mass and helps us not to be a distraction or stumbling block to our fellow parishioners. We do exercise a position of leadership as a choir, so how we present ourselves is important.

Here is what the Catechism of the Catholic Church has to say about dressing properly for Mass: *To prepare for worthy reception of this sacrament, the faithful should observe the fast required in their Church. Bodily demeanour (gestures, clothing) ought to convey the respect, solemnity, and joy of this moment when Christ becomes our guest – CCC 1387*

Generally, we should be guided by a combination of virtue, common sense and piety when deciding what to wear to Mass.

Below are some guidelines to follow when deciding how to dress for Mass.

Do Not Wear The Following:

- Any dress or skirt that does not completely cover the knees when sitting or standing
- Skimpy shorts, in fact, shorts of any kind
- Beachwear
- Dresses and tops that show a bare midriff
- Dresses or tops with spaghetti straps, with plunging necklines, that expose the bare shoulders or bare back, or that are see-through
- Dresses or skirts with high slits
- Jeans
- Leggings
- T shirts
- Any outfits with large logos or distracting messages
- Flip flops, sneakers or beach sandals